

## **Drug & Alcohol**

### **FTA Prescription and Over-the Counter (Rx/OTC) Medication Study and Toolkit Update**

#### **Federal Transit Administration (FTA)**

In 2002, RLS & Associates, Inc. surveyed over 250 transit systems to determine the policies and procedures in effect for ensuring safety-sensitive employee fitness for duty in relation to the use of prescription and over-the-counter medications. A sampling of these policies and procedures were then compiled into a FTA Rx/OTC Medication Toolkit that was distributed to over 3,000 transit systems. In 2009, RLS & Associates, Inc. again surveyed transit systems, this time more than 300, throughout the nation to determine the status of Rx/OTC medications and transit safety since 2002. Particular attention this time was focused on the role, if any, Rx/OTC medications may have played in transit accidents. A random sampling of accidents reported in 2008 NTD data was analyzed for this portion of the study. Results of, and recommendations from, the Study, along with a Toolkit update of current industry best practices regarding the monitoring of Rx/OTC Medication use is being prepared and will be distributed in 2010.

**Client Contact:** Jerry Powers

Federal Transit Administration (FTA)

400 7th St. Room 9301  
Washington DC, 20590

(617) 494-2395